



# The Crane

South Cove Manor's Newsletter

中華頤養院通訊

January 2008

Page 1

## Adopt a Grandparent Program



*When South Cove Manor Nursing Home developed the Adopt-a-Grandparent Program, with funding from a grant from the W.K. Kellogg Foundation of Battle Creek Michigan, the goal was to promote intergenerational activity, foster education on caring for the elderly, and to help young adults develop an appreciation of the values, traditions and wisdom seniors have to offer. What came out of the program, in the form of the students' program completion essays, was a heartfelt appreciation for the experience of sharing. Sharing time, sharing life stories, and enjoying activities together, the students' essays underscore the true rewards of intergenerational learning.*

*The students who participate in the Adopt-a-Grandparent pilot program all speak fluent Chinese, and come from high schools throughout the region. "This experience has given me so much respect for my grandparents and all other senior citizens around the world." Annie Chen, a senior at Framingham High School said. "They have gone through many challenges throughout their lives and now finally are able to sit down and relax. They are people whom have had a great life and are now teaching us, the young, to live our lives wisely."*

*From "Chilling with the Elderly" by Ka Chun Chan (Kenny) to "A Different Perspective" by Jessica Zou, both of North Quincy High School, the essays of the first group of students to participate in the program are potent in their content, perspective and conclusions that "Everyone should be approached with love and care no matter his or her age and the differences that lie in between."*

*"They have many things to talk about, especially about their lives and children." Emily Huynh, a junior at North Quincy High said. "Grandparents may look tired and old, but inside they are very happy and energetic people." The experience has also changed the students' relationships with their own family members. "I now go to visit my biological grandmother much more often: we have more topics to talk about because of what I have learned from this program. Patience is the key," Candice Tsang, a junior, also of North Quincy High observed. Diana Lee, of Boston Latin Academy, developed a bond of trust with her adopted Grandmother. "She is wise with age of experience and she is able to solve my problems most of the time. She, in fact, has made me view my parents differently and made me wonder how much sacrifice they have made for me, and yet I was unable to return anything to them, but to continue to further educate myself for a better future, for both my family and I."*

*The high school students who successfully complete the program will receive a scholarship of up to \$1,000 each towards higher education. "We were amazed at the results," Li Chen, the Administrator of South Cove Manor Nursing Home said. "We knew that our residents would benefit from the social interaction and activities, but it turns out the students were equally impacted by the experience, taking the residents into their hearts, and establishing true friendships."*



# The Crane

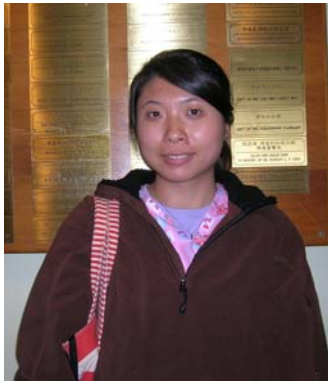
South Cove Manor's Newsletter

中華頤養院通訊

January 2008

Page 2

## Meet Our New Staff



*My name is Shui-Yee Tam (Winnie), and I am originally from Hong Kong. I have been in the U.S. for 5 years, and recently graduated from college with an AS Degree in Nursing, along with a current RN license. Before coming to Boston, I studied in different places within the States. After graduating from secondary school (Form 5) in Hong Kong, I joined the Exchange Student Program and spent my senior year of high school in Louisiana. When the program was over, I enrolled in a college in Pennsylvania and studied there for a year. Later on I was transferred to a local college in Boston for good. I just started at South Cove Manor late October 2007 and work as a night shift staff nurse on both floors. It has been a very exciting experience, and I am proud to be one of the members in this family.*

*By Shui-Yee Tam*



*I'm from Fuzhou City, Fujian province, China. I graduated from Law School of Xiamen University in China. After graduation, I got a job in a business school to teach business law for eight years before coming to the U.S. That was considered a dream job in today's point of view. Unfortunately, I wasn't that smart back then. Anyway, I came here, made the best choice of becoming a nurse. I went to MassBay Community College for two a year nursing program. After I graduated in May, I passed the exam in August. I began my nursing career here at South Cove Manor, a Chinese-American Nursing Home. This is a place where I feel being understood and supported. I like working here.*

*By Xiangmin Chen*

## **South Cove Manor Receives Zero Deficiencies in 2007 Annual Department of Public Health Survey**

The State Department of Public Health conducts audit surveys on the operations of all nursing homes in Massachusetts each year. The survey process covers close to five hundred (500) areas governing the operations of a facility. A sample of the survey areas include care of residents, kitchen and food service, housekeeping, medication management, staffing, resident's quality of life, and numerous other areas.

During the week of October 22, 2007, the State of Department of Public Health conducted their audit survey on South Cove Manor. The completed survey had determined that the Manor had "Zero Deficiencies" with no findings concerning the operations of the Home. The rating is the highest score possible under the survey process and reflects the high quality of care provided to the residents.

With the latest results, South Cove has received Fourteen (14) deficiency free surveys over the past fifteen (15) years – a remarkable record of achievement. We are very grateful to have such a dedicated and skilled of staff that has accomplished so much.



# The Crane

South Cove Manor's Newsletter

中華頤養院通訊

January 2008  
Page 3

## Employee Recognition Dinner 2007

Qiu, Wan Wen Chen	(20yrs)
Siu Ping Wong	(20yrs)
Sui Lan Xie	(20yrs)
Wing Yee Li	(20yrs)
Chu Hoi Towe	(20yrs)
Oi Lai Wan Li	(15yrs)
Mi Ha Li	(15yrs)
Cheak Ming Lee	(10yrs)
Qing Nu Yang	(10yrs)
Zerui Yang	(10yrs)
Sam Chan	(10yrs)
Nancy Zraizaa	(10yrs)
Nancy Tom	(10yrs)
Wendy Dominguez	(5yrs)
Mei Hao Li	(5yrs)



In the evening of October 25<sup>th</sup> 2007 South Cove Manor held its 3<sup>rd</sup> Annual Employee Recognition Dinner at New Moon Villa Restaurant in recognizing staff who have reached their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup> and 20<sup>th</sup> anniversary this year. For those who have reached their 20<sup>th</sup> anniversary South Cove Manor awarded \$1,000 in addition to a gift of a Jacket to keep them warm this winter. There were a total of (15) fifteen staff on Employee Recognition List. Again Thank everyone for your dedication.

### South Cove Manor's Oldest Resident Cheung Chin Who turned 113 this August

*Special thanks* to Beacon Hospice for sponsoring Schlichte Learning Center's November Breakfast Seminar. Sai Jing Xu gave an excellent presentation on Healthcare Proxy and Hospice Care. The Seminar would not have been successful without her expertise.

